

MULTIPLE SCLEROSIS ASSOCIATION OF AMERICA

MSAA Talkspace Partnership Referral Card

What is Talkspace? Talkspace is messaging-based therapy conducted through the Talkspace web-based platform where an individual can connect with their dedicated therapist via text, audio, or video, as often as they wish, anytime. The Talkspace app is completely confidential, HIPAA compliant, secure, and clinically proven.

What is the MSAA / Talkspace Program? This limited availability pilot program is intended for individuals living with multiple sclerosis who are experiencing the need for mental health support services. **Special consideration and decision-making on eligibility is made by the organization and referring healthcare providers**

REFERRAL #:



Multiple Sclerosis
Association of America



This program was made possible through the generous support of: Bristol Myers Squibb and Janssen.

REFERRING PROVIDER

FIRST NAME

LAST NAME

OFFICE PHONE

PRACTICE NAME

STATE OF PRACTICE

Ready to Get Started?

Use the camera on your phone to follow the QR Code or type the link below into your browser to complete the Talkspace Intake Survey.
https://mymsaa.secure.force.com/apex/VisualAntidote_HostedFastForm?h=0NVC9

Keep your referring provider information handy as you will need it to complete the MSAA/Talkspace Intake Form



Questions? MSAA provides a toll-free Helpline!

To reach an English-Speaking Helpline Specialist Call (800) 532-7667 extension 154

Para comunicarse con un Especialista de Servicios al Cliente que habla español, llame al (800) 532-7667, extensión 131

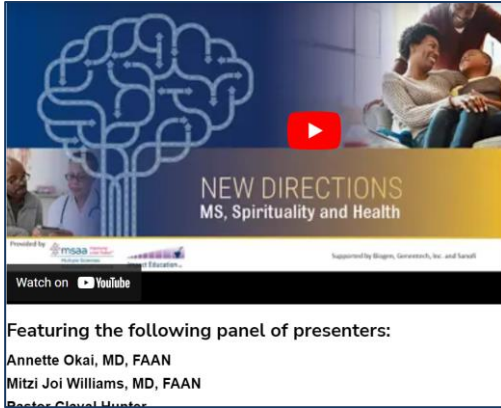
Email Us at: MSquestions@mymsaa.org

MULTIPLE SCLEROSIS ASSOCIATION OF AMERICA

MSAA MENTAL HEALTH RESOURCE CARD

RECENTLY RELEASED PATIENT EDUCATION FOCUSED ON MENTAL HEALTH

[MS Spirituality and Health Featuring Annette Okai, MD, FAAN; Mitzi Joi Williams, MD, FAAN, Pastor Claval Hunter, and Advocate Tyler Campbell](#)



[Working to Destigmatize Mental Health and MS Featuring Fernando Cuascut, MD, MPH](#)



[Healthy Relationships and Living with MS Featuring Elizabeth Nager, MSSW, LICSW](#)



FROM THE ARCHIVES: MSAA MSI ON-DEMAND MENTAL HEALTH PROGRAMMING

[Losing Connection: Difficult Discussions in a Virtual World Featuring Dr. Mitzi Joi Williams, MD](#)

[Helping Those that Help Us: A Program for Care Partners Featuring Kimberly Castelo](#)

[How We Talk to Ourselves and the People that Support Us Featuring Susan Eggly, PhD, FACH](#)

[Managing Depression and Anxiety in Multiple Sclerosis Featuring Amy Sullivan, PsyD, ABPP](#)

[Finding Purpose in Life Featuring Adam Kaplan, MD, PhD](#)

[Yoga and Mindfulness for MS Featuring Kimberly Castelo C-IAYT, YTRX, E-RYT 500](#)

[Mind, Body, and Spirit: A Comprehensive Overview of Wellness in MS Featuring Laura Hancock, PhD](#)

[Helping Those that Help Us: A Program for Care Partners Featuring Kimberly Castelo](#)

[How We Talk to Ourselves and the People that Support Us Featuring Susan Eggly, PhD, FACH](#)

BLOG POSTS



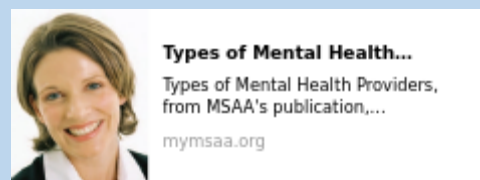
[Resources for Mental and Emotional Wellness](#)

[Stopping Mental Health Stigma](#)



[Improving Mental Health & Wellness](#)

PODCASTS & PUBLICATIONS



MSAA HELPLINE SERVICES

Call (800) 532-7667, extension 154.
Helpline Hours: Monday - Friday, 8:30 AM to 8:00 PM ET
Email MSquestions@mymsaa.org